About Rev Therese Leigh

Rev. Therese Lee has walked a 37-year path in Unity Truth, living its principles with devotion, curiosity, and joy. For 25 of those years, she has served as a Prayer Chaplain, and for the past 20, she has answered the call as an Ordained Unity Minister. Her ministry is a tapestry of coaching, mentoring, speaking, teaching, consulting, and retreat facilitation—each thread woven with presence, humor, and spiritual depth.

Therese is known for showing up fully: bold in truth, tender in compassion, and unwavering in her commitment to prayer, meditation, and sacred service. She is the mother of three and Nana to eight beloved grandchildren.

As a Grief Recovery Method Specialist, she gently guides people through the sacred terrain of change and loss, helping them honor their feelings and reclaim the fullness of life. Her mission—her ministry—her heartbeat—is simple and profound: to Love Out Loud.

Rev. Therese Lee
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