

What's Unique about Unity and What's In it for You?

The Spiritual Path for all involves choosing and practicing how to consistently think of ourselves not as isolated individuals but as expressions of the power greater than ourselves and greater than all. Sometimes we “inherit” a path, which we can refuse or accept once we have become adults. Whatever path that may be is as valid as any other potential path as long as it treats all equally as beautiful expressions of the Divine and advocates One Love as the focal energy of our lives and actions. No set of spiritual traditions, practices, or names is more worthy than any other, and that includes practices and beliefs that do not share an easily identified public identity.

That being said, we experience greater non-physical power and greatly enhanced support for our growing spiritual awareness when we choose to connect with, join in spiritual practices with, and hang out with a community of like-minded people. We are hard-wired as social beings, and actively participating in a spiritual community helps us to enjoy our lives and realize our full potential.

By choosing Unity as our spiritual community, we are empowering ourselves to shape our life experiences and listen to and follow our inner guidance. In Unity, we avoid judging ourselves and others. We are individual expressions of a loving Divine power and our unique journey to realize our wholeness is perfect. We learn freely how to expand our spiritual power and our ability to open our heart wide and circulate our good. We strive to surrender limiting ideas of ourselves as well ego-based thinking. In doing this, we open to the limitless possibilities that are available to us. And, we get to experience the deep, satisfying inner joy and peace that we were meant to express in the physical world.

In Unity we see God as an omnipotent power and presence of good -- the Source Energy of all -- and not a superbeing to which we pray to save us from anything. We see Spirit expressing as every being and every aspect of creation. We see Spirit expressing as us, and we experience it to the degree we are aware of it. We experience joy, love, wisdom, success, prosperity and peace to the degree that we know we are IT expressing.

In Unity we become students of Spirit as we continue to learn how to BE Spirit in our physical thoughts, words and actions. We learn to unify the always changing, chaotic physical realm of random events with the perfect, unchanging, loving Dimension of experience that is Absolute. There is no greater joy and freedom to be found than in investing our energy in practicing this mystic Oneness of Divine Life.