

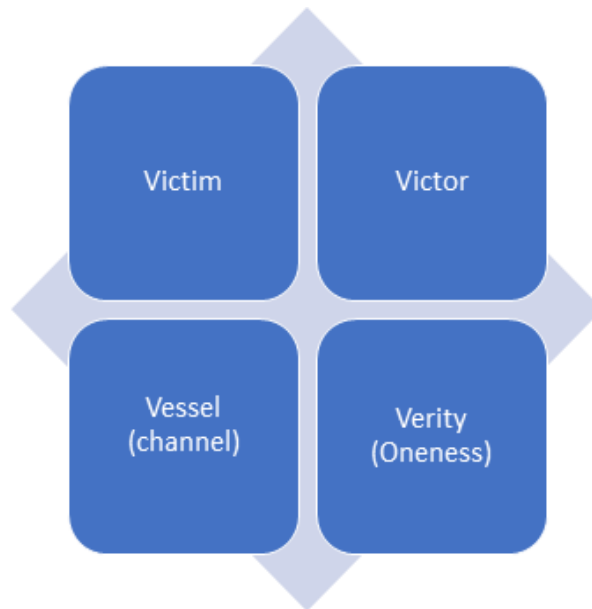
## LEVELS OF SPIRITUAL AWARENESS

Events happen in the earthly realm. We interpret external events according to the mental lens we are wearing at the moment they happen. Our interpretations of events become our experiences, which in turn, lead to our beliefs. We can easily go back and re-interpret events as we choose to adopt different levels of spiritual awareness -- these levels of awareness function like glasses -- they let us interpret our experiences through different prisms, colors, and magnifications.

People experience four basic levels of spiritual awareness that describe how we are relating in a given moment to the Universe. These interpretations demonstrate two intersecting axes:

### SPIRITUAL AWARENESS: OUR LENS ON THE WORLD

Our mental lens is our awareness of how we relate to the Universe around us. Are we one with universal power or separate from it? Are we receiving that power's action or are we acting? Are we fully empowered by the Universe, or are we smaller and weaker?



**VICTIM:** Separate from Spirit, less than, passive recipient, powerless. Things happen to me, and I have no control.

**VICTOR:** Step up from Victim. I have some control over what happens to me, at least sometimes. Still separate from Spirit, still less than Spirit -- but I know now that my mind and my thoughts have the power to create my experience. (usually ego-based desires)

**VESSEL:** I'm becoming aware that I can let go of ego-based thinking and let the power greater than me flow through me and even express as me. At this stage, I begin to experience the bliss that comes from non-resistance and from realizing that only good will show up in my experience. I've learned that I can live from the Absolute realm of Spirit, where all love resides, never changing or failing.

**VERITY:** I finally realize there is no such thing as God AND me. I AM God (Spirit, Love, the Universe) expressing. This is the mystical union. This is the level of the Absolute Realm.

At every moment we are acting from one of these levels. Each day, we may switch back and forth between several of these levels of awareness. As we evolve spiritually, we act more consistently from a higher level. As humans, we move among levels depending on physical, relative circumstances and how much power we are giving them in the moment.

We can call the level from which we act most consistently our STAGE of conscious evolution. Each stage requires us to give up more and more of our separate ego-based awareness, as we allow our identity to fuse more and more completely with Spirit.