

The Five Principles Book Study Guide

Principle One: God is All

- God is All. God is Absolute Good, everywhere present. What other ways could you say this?
- What did you used to believe about God when you were a child?
- How would you describe your current belief system?
- How would you describe your relationship with God?
- Discuss the nature of God as Transcendent and Immanent.
- If God is all, and God is good...why do bad things happen? Read together Debenport's "possible answers" and discuss each one.
- Meditation Challenge. Read the Meditation on Principle One (pg 33) and spend at least 10 minutes in meditation each day.

Principle Two: You are That

- "Human beings have a spark of divinity within them, the Christ spirit within. Their very essence is of God, and therefore they are also inherently good."
- How do you feel about the idea of being a spark? Is there another way you can think of this?
- Can you accept the idea that you are the fullness of God expressing?
- What about others? Can you see them as God expressing?
- Why do you suppose the idea that "you are the Light of the world" became minimized during the Council of Nicaea?

- How else could Jesus' original message become diluted or changed altogether?
- What is the ego?
- How could you put the ego in service of Spirit in your life?
- But what about Hitler and Osama Bin Laden: (discuss ideas)
- What does "salvation" mean to you?
- Meditation Challenge. Read the Meditation on Principle Two (pg 55) and spend at least 10 minutes in meditation each day.
- Discuss your experience next week.

