

Hello families,

I hope the transition back into school was smooth and that your children have found new, motivating energy to engage in school and all the Fall activities already scheduled.

September's theme: Power of Order

This month's theme is the Power of Order, and we'll be looking at the Order of space; which is one of my favorite topics. The intentional use of space is important, particularly in relationships between two or more items.

- The **first week**, we'll learn about Proxemics, which is the study of space in our external environment. We'll specifically look at how space between two people affects the experience of the relationship. For example, if you watch movies or theater scenes, you can witness how the use of space in the conversation conveys the relationship between the characters. How you create intimacy or indicate your level of comfort in a conversation can help to recognize the relationship you have with another.
- The **second week**, we'll introduce the children to *feng shui* so we can help the children understand how to organize their bedrooms... and organize them in a way to optimize their sense of well-being. We hope for y'all's sake that this organization of the bedroom becomes super exciting for your children and that they will organize their bedrooms.
- The **third week** we will look at how buildings and churches Order space to enhance the experience of the Divine, God, and the communal Religious experience. For example, we'll look at the architecture of St. Denis cathedral which is an example of the first gothic style cathedral, which also happens to be Duke's Chapel's architectural style. And we'll have an introduction to the spirituality of digging our hands into the UCP garden to create a sacred space for all beings.
- Throughout each week, but particularly the **fourth week**, we'll explore the Divine Spaciousness within our body/mind/spirit 'Trinity.' How do we Order our spaciousness within our time of prayer and contemplation that brings us further into a relationship with our God. Within this last week, we'll circle back to our Power of Strength lesson when we learned about chakra and recognize the central channel available to us. The central channel has spaciousness within its most inner location and can be aligned with the 'line up' of the endocrine system.

Each week, Kai, myself, Rev. Victoria, and all of UCP strive to create a welcoming, safe, and spiritually enlightening space that supports the processing and Ordering of your children's lives, their interactions, and, ultimately, their wholistic spiritual development. If you haven't been to UCP in a while, we invite "all y'all" with open, exuberant arms to join us. If you have been coming every week, we are excited to see, hear, and "feel you" about your week...

Remember, you are always welcome. Will you join us?

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Important Fall Dates:

Thursday, September 10th - Unity World Day of Prayer

From 5-7 pm, Shannon will provide a prayerful workbook for children as they engage in this World-wide contemplative practice. He'll also keep the YFM room open for child care for your own contemplative practice.

Sunday, September 20th - Garden as Sacred Space - **RSVP!!**

After the service, the children will learn more about the spirituality of gardening.

Friday, October 16th - Sing Along Movie Night with Encanto ([UCP calendar advertisement](#))

Join us and sing along with the movie Encanto while enjoying food and drink. We are excited to offer the next iteration of this popular family activity.

Sunday, October 25th, Annual Trunk or Treat

After the service, UCP congregants will open their trunks and offer up ways to collect treats. Join us and treat yourself.

Saturday, November 6th early afternoon - Making Persimmon Salsa

Join us on Saturday, November 6th to make persimmon salsa as a fundraiser to support food scarcity within the local community as the holidays approach.

TBD, November, Volunteering in preparation for Thanksgiving

Shannon's looking into a service work opportunity. More to come soon.

TBD in December - UCP's YCM's 12 Powers Coloring Book fundraiser

Join us for our (potential) launch of our coloring book to support children in the local community during these holidays.

Sunday, December 20th - Annual Children's choir with cardboard constructed puppets!

Join us every Sunday in December and make your puppet in preparation for our Choir!